

WELCOME.....

.....to the 2023 Wirral Walking Festival.

Walking has never been so important in people's lives. Following on from the pandemic we have seen more people getting out locally to help them stay fit and healthy and very much to help with people's mental health.

Walking is accessible to all and is free so why not get walking, it's an excellent way to meet new people, make friends and enjoy all the wonderful places the Wirral has to offer.

We have many different groups across the borough which cater for everyone and I would like to take this opportunity to thank all those volunteers out there who help make this happen. You change people's lives so thank you.

Fiona Hanik, Wirral Walking Festival Coordinator

WIRRAL WALKING FESTIVAL 2023



Many of the walks offered by the different groups featured in this brochure will be accessible to people with limited mobility.

Please check with the group if you have specific requirements including wheelchair access or are unable to step over stiles.

Walking groups will have their own policy regarding dogs so again please check.

To find accessibility information for Wirral sites please visit:

www.accessable.co.uk
Wirral Walking Festival 2023

VOLUNTEER WALK LEADERS



Wirral

NEEDED

COULD YOU SPARE 1 - 2 HOURS A WEEK TO LEAD A WELLBEING WALK ACROSS ALL AREAS OF WIRRAL?

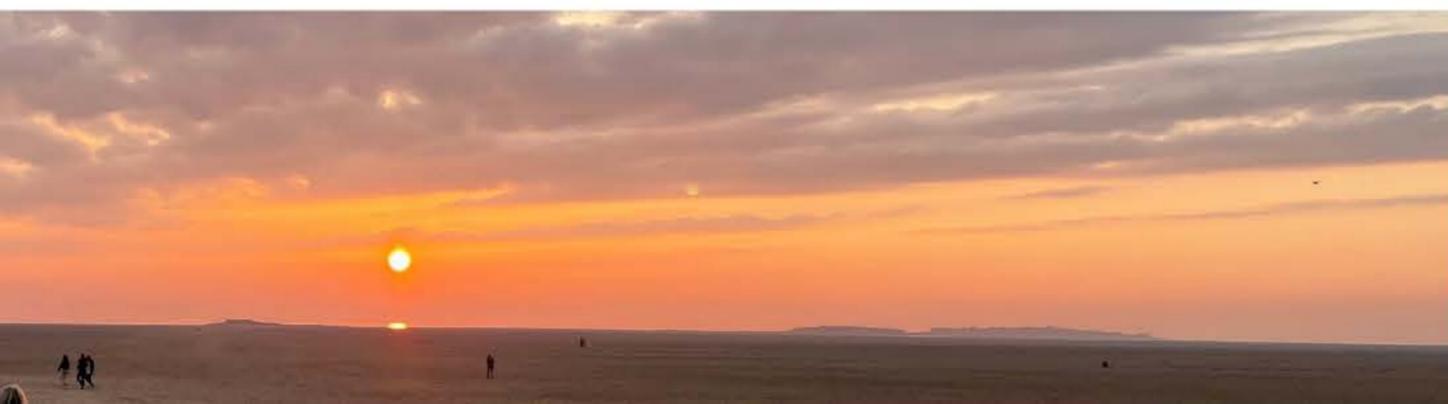
FULL TRAINING WILL BE GIVEN WITH TRAINING DATES IN MAY

FOR MORE INFORMATION PLEASE CONTACT
FIONA HANIK - 0776 967 4718 OR FIONAHANIK@WIRRAL.GOV.UK



@RAMBLERS WELLBEING WALKS WIRRAL

ACTIVE WIRRAL
STRONGER • HEALTHIER • HAPPIER



RAMBLERS
WELLBEING
WALKS

Wirral

OUR WALKS ARE FUN, FREE AND FRIENDLY - PERFECT TO HELP YOU GET ACTIVE AND MEET NEW PEOPLE. IF YOU'D LIKE TO TAKE PART, ALL YOU NEED TO DO IS COME ALONG TO THE START POINT OF ONE OF OUR WALKS 10 MINUTES EARLY, SO THAT ONE OF OUR TRAINED LEADERS CAN TAKE YOUR DETAILS.

ALTERNATIVELY YOU CAN REGISTER ON OUR WEBSITE. THEN YOU'RE FREE TO TAKE PART IN AS MANY WALKS AS YOU LIKE.

(SORRY, REGISTERED ASSISTANCE DOGS ONLY).

[HTTPS://BETA.RAMBLERS.ORG.UK/](https://beta.ramblers.org.uk/)

IF YOU WANT TO KNOW MORE BEFORE YOU START OR ARE INTERESTED IN TRAINING TO BECOME A WELLBEING WALK LEADER CONTACT US ON: 0151 929 7823 OR EMAIL WELLBEING WALKS COORDINATOR

FIONAHANIK@WIRRAL.GOV.UK



BIRKENHEAD PARK WALK

SUNDAY AND MONDAY 11.00AM - 12NOON

THURSDAY'S 1.00PM - 2.00PM

MEET AT VISITOR CENTRE CH41 4HY 2-3 MILES. THE WALK ALSO OPERATES ON BANK HOLIDAYS. THERE IS A SLOW AND FAST WALK. VICTORIAN GRADE 1 LISTED LANDSCAPE.

WALLASEY VILLAGE LIBRARY WALKS

MONDAY, WEDNESDAY & FRIDAY 11.00AM - 12 NOON NOT ON BANK HOLIDAYS.

MEET AT THE LIBRARY, ST GEORGES ROAD, WALLASEY, CH45 3NE

SHORT AND LONGER WALKS 1.5-2.5 MILES

WEST KIRBY WALK

MONDAY & WEDNESDAY 12.00PM - 1.00PM. NOT ON BANK HOLIDAYS.

MEET INRECEPTION AT WEST KIRBY CONCOURSE, GRANGE ROAD, CH48 4HX
1 - 2 MILES. COASTAL ROUTE WHICH CROSSES THE WIRRAL WAY. COFFEE AFTERWARDS

BROMBOROUGH VILLAGE WALK

MONDAY 10.30AM - 11.30AM NOT ON BANK HOLIDAYS.

MEET AT ST BARNABUS CHURCH CAR PARK, CH62 7AB, FOR A VARIETY OF WALKS TO
DIBBINSDALE OR EASTHAM COUNTRY PARK. 2-3 MILES

PORT SUNLIGHT RIVER PARK WALK

TUESDAY 10.30AM - 11.30AM

MEET IN CAR PARK DOCK ROAD NORTH. CH62 4TQ 1-2.5 MILES. SHORT & LONGER WALKS WITH VIEWS OVER WIRRAL AND RIVER MERSEY.

WALLASEY EVENING WALK

TUESDAY 7.15PM - 8.15PM

MEET AT GROVE ROAD STATION CH45 8JX. SHORT WALK 0.7MILES OR LONGER 2.5 MILES.

ARROWE PARK WALK

TUESDAY 10.30AM - 11.30AM

MEET NEAR THE GOLF COURSE OUTSIDE THE RED ROOMS CAFÉ CH49 4LW.
THIS IS A FAST WALK 2.5-3 MILES. STUNNING AND SPECTACULAR VISTAS.

PORT SUNLIGHT WALK

WEDNESDAY 11.00AM - 12NOON

MEETS AT PORT SUNLIGHT RAIL STATION, NEAR THE BOWLING GREEN. CH62 4XB. 1.5MILES.
ORNATE GRADE II LISTED HISTORIC GARDEN VILLAGE.

ROYDEN PARK WALK

THURSDAY 1.30PM - 3.00PM

MEET IN THE CAR PARK NEAR THE TOILETS. CH48 1NP. 3 MILES.
ANCIENT ROCK LANDSCAPES ON THURSTASTON COMMON.

VALE PARK WALK FOR THOSE LIVING WITH AND BEYOND CANCER

THURSDAY 12.00PM - 1.00PM

MEET BY COMMUNITY HOUSE IN VALE PARK. CH45 1LZ 30 MIN WALK
COFFEE AFTERWARDS IN COMMUNITY HOUSE



WE SPECIALISE IN CATERING FOR ALL AGES, ABILITIES, SHAPES AND SIZES

WHERE AND WHEN WE RUN

MONDAYS

6.30PM - 7.30PM WEST KIRBY CONCOURSE - MIXED ABILITIES WITH FI, JENNY, DAVE, MIKE, LEE ANN & DEB

TUESDAYS

9.30AM - 10.30AM WEST KIRBY CONCOURSE - MIXED ABILITIES WITH DAVE MC & ANDREW

6.0PM - 7.00PM - EUROPA POOLS RECEPTION - MIXED ABILITIES WITH JULIE AND SHARON

WEDNESDAYS

6.15PM - 7.15PM THE OVAL - MIXED GROUP WITH ZOE, ELAINE, CLAIRE, SARA, PAT, LES AND CAROLINE

THURSDAYS

9.30AM - 10.30AM WEST KIRBY CONCOURSE - MIXED GROUP WITH DAVE MC & ANDREW AND LESLEY-ANNE

SATURDAYS

9.45AM - 10.45AM BIRKENHEAD PARK - MIXED ABILITIES WITH FI, TRISH, DI, ALI, KIM, DEBBIE, PETE, PAT, LES, CAROLINE AND JANE WHO TAKES THE WALKERS



WHAT KIT DO I NEED?



- THE MOST IMPORTANT PIECE OF KIT IS RUNNING SHOES, THEY DON'T NEED TO BE EXPENSIVE BUT THEY DO NEED THE RIGHT SUPPORT TO STOP INJURIES.
- COMFORTABLE CLOTHING - DOES NOT NEED TO BE SKIN TIGHT BUT BREATHEABLE MATERIAL WILL BE A MASSIVE HELP.

OUR MOTTO IS - "WE RUN IN THE RAIN"

WHO DO WE CATER FOR?

RUN IN WIRRAL HAVE LOTS OF EXCELLENT QUALIFIED RUN LEADERS WHO ARE HERE TO HELP YOU. IF YOU ARE STARTING OUT AND HAVE NEVER RUN BEFORE WE HAVE COUCH TO 2K, COUCH TO 5K SESSIONS AS WELL AS MIXED ABILITY SESSIONS FOR THOSE WISHING TO RUN FURTHER AND/OR FASTER.

NO ONE EVER GETS LEFT BEHIND - IN FACT THE MOST IMPORTANT PERSON IN OUR GROUPS IS THE PERSON AT THE BACK.

FEEL FREE TO COME ALONG AND TRY US OUT, WE ARE A VERY SOCIABLE, FRIENDLY AND WELCOMING - ASK ANY OF OUR RUNNERS

IF YOU WOULD LIKE TO FIND OUT MORE INFO OR HAVE A CHAT THEN PLEASE PHONE FIONA HANIK ON 0776 967 4718

ACTIVE WIRRAL
STRONGER HEALTHIER HAPPIER



BUGGY PARK FITNESS

NO SPECIAL PRAM REQUIRED
WORK AT YOUR OWN FITNESS LEVEL
MEET NEW FRIENDS
HELPS WITH POST NATAL DEPRESSION



OVAL LEISURE CENTRE

TUESDAYS 10.30AM - 11.30AM

TEL: 0151 606 2010 BOOKINGS: WWW.ACTIVIEWIRRAL.COM/LEISUREHUB

WEB: WWW.ACTIVIEWIRRAL.COM/MEMBERSHIPS EMAIL: BOOKINGSANDINFORMATION@WIRRAL.GOV.UK

NORDIC WALKING

INSTRUCTOR LED & POLES PROVIDED



LIGHTER ON
YOUR FEET

WHOLE BODY
WORKOUT

EXERCISE
OUTDOORS

REDUCES
PRESSURE ON
JOINTS

ENGAGES
THE CORE

WEST KIRBY CONCOURSE
WEDNESDAYS 6.30PM - 7.30PM

TEL: 0151 606 2010 BOOKINGS: WWW.ACTIVIEWIRRAL.COM/LEISUREHUB

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Secret Gardens of Oxton

Sunday, May 14th, 2023 between 10am and 5pm

Seventeen private gardens will be open to the public. The gardens are situated around Oxton village and a well-signposted garden trail will be available for visitors to follow. There will also be craft stalls, musical entertainment by local artists, the Friends of the Arno plant sale, children's activities, food and drink and a gala raffle throughout the day.

Cost:

Advance tickets priced £8 will be on sale from April 1, 2023 at several shops and restaurants in Oxton Village shops as well as Homebird, Heswall. Brenan, Ayre O'Neill in Prenton and Bromborough. Online tickets can be purchased at www.theoxtonsociety.co.uk

Tickets are £10 on the day. Ticket price includes a programme. All proceeds will be divided between the Oxton Society and three local charities who will be assisting on the day - Birkenhead Youth Club, Terral Morgan Memorial Foundation and Sundowns.

Location:

Oxton, Wirral, Merseyside

Parking:

Free car park available on Oxton Fields, Storeton Road, CH43 5TW.

Further information:

Visit www.theoxtonsociety.co.uk or find us on Facebook at www.facebook.com/oxtonsecretgardens



Ron Williams Memorial Walk

Wednesday 31st May, 10.00am to 2.30pm.

Meet at The Red Rooms Cafe. No need to book.

Free of charge. Distance - 6.5 miles

An annual walk which starts and finishes in Arrowe Country Park taking in Irby, Thurstaston Common and Royden Park where there will be a stop made for lunch, take a packed lunch and plenty of drinks (toilets available) before returning to Arrowe Country Park. Sorry, registered assistance dogs only. Boots or suitable footwear required

Event Postcode: CH49 5LW

Event organiser info:

Ron Williams Memorial Walk

Tel 07986 803 683 or email thomasjjones1949@gmail.com



Wildlife of Wirral Country Park

Date: Tuesday 30th May 2023

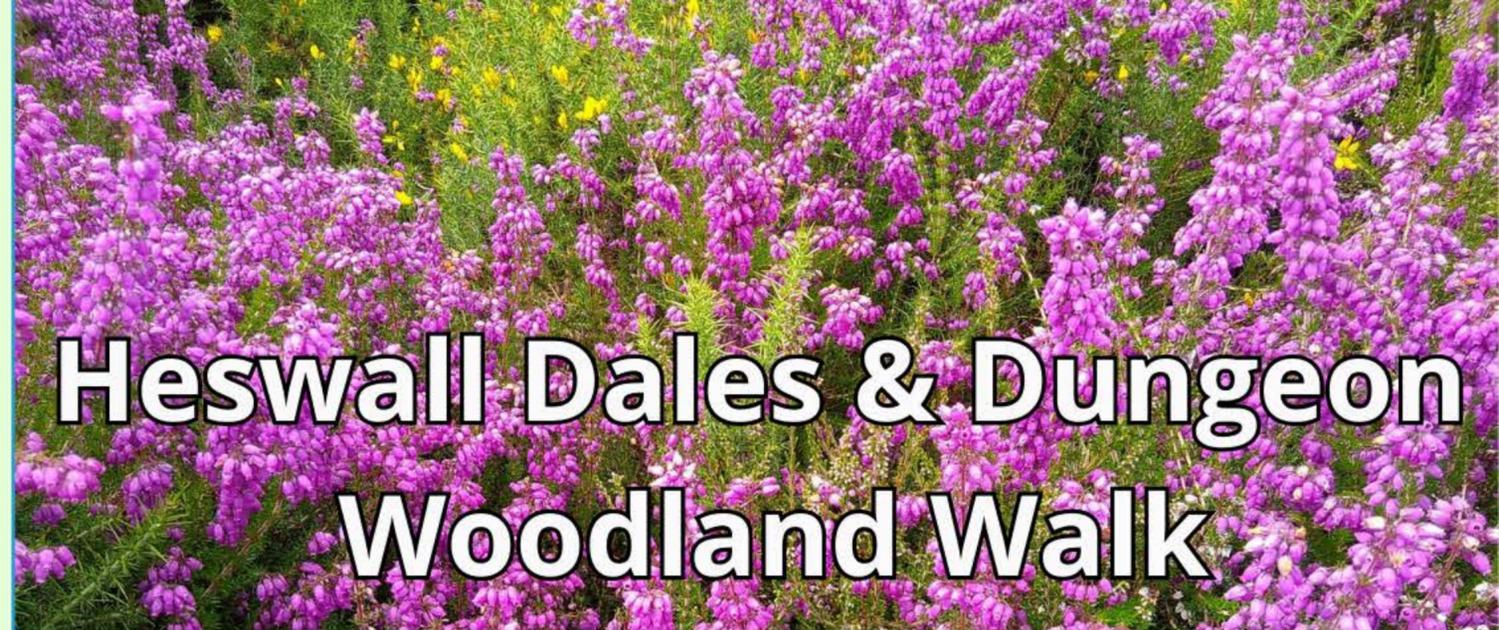
Time: 10.30 – 12.30

Length: 1.5 miles

**Meet at: The Visitor Centre, Wirral
Country Park, Station Road,
Thurstaston, Wirral, CH61 0HN**

Join the rangers for a closer look at the wildlife of Wirral County Park. We'll start with pond dipping and a look at the clifftop meadows before taking a short walk to Dawpool Nature Reserve. This is a family friendly event and accessible for all – feel free to attend just for the pond dipping! Dogs must be kept under control. Booking essential.

**Email: christopherwerney@wirral.gov.uk / wcp@wirral.gov.uk
Mob: 0776 747 4478**



Heswall Dales & Dungeon Woodland Walk

Date: Saturday 13th May 2023

Time: 10.30 – 13.30

Length: 5 miles

**Meet at: The Visitor Centre, Wirral
Country Park, Station Road,
Thurstaston, Wirral, CH61 0HN**

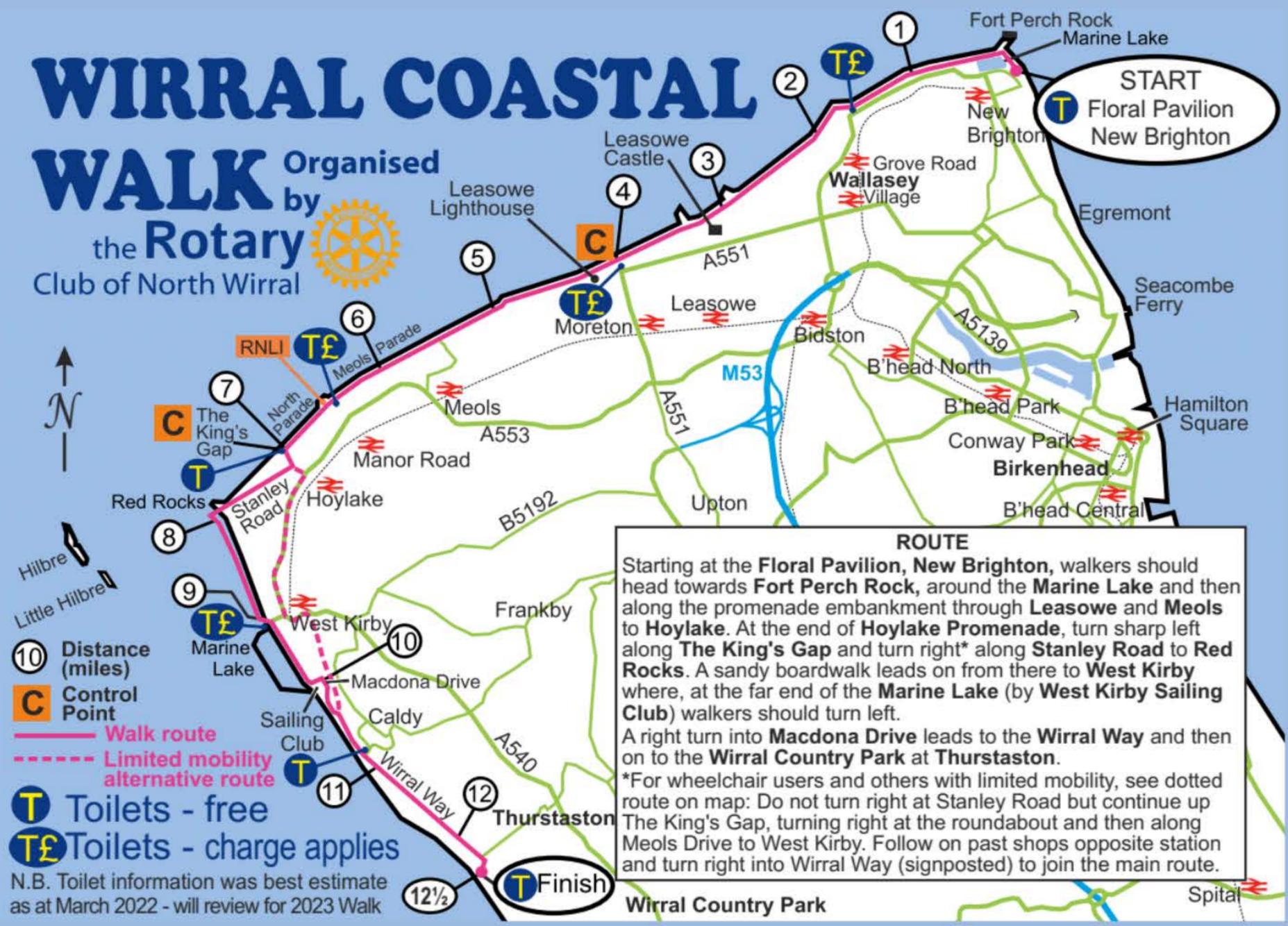
Join the Rangers for a walk that takes in the Dungeon Woodland, Heswall Dales, the Dee Estuary shoreline and the dramatic clay cliffs at Thurstaston. There are steep hills, steps, and uneven ground along the route. It may be muddy. Sturdy footwear essential. Dogs must be kept under control. Booking not required.

**Email: christopherwerney@wirral.gov.uk / wcp@wirral.gov.uk
Mob: 0776 747 4478**



WIRRAL COASTAL

WALK Organised by the **Rotary** Club of North Wirral



ROUTE
Starting at the **Floral Pavilion, New Brighton**, walkers should head towards **Fort Perch Rock**, around the **Marine Lake** and then along the promenade embankment through **Leasowe** and **Meols** to **Hoylake**. At the end of **Hoylake Promenade**, turn sharp left along **The King's Gap** and turn right* along **Stanley Road** to **Red Rocks**. A sandy boardwalk leads on from there to **West Kirby** where, at the far end of the **Marine Lake** (by **West Kirby Sailing Club**) walkers should turn left. A right turn into **Macdona Drive** leads to the **Wirral Way** and then on to the **Wirral Country Park** at **Thurstaston**.
*For wheelchair users and others with limited mobility, see dotted route on map: Do not turn right at Stanley Road but continue up The King's Gap, turning right at the roundabout and then along Meols Drive to West Kirby. Follow on past shops opposite station and turn right into Wirral Way (signposted) to join the main route.

Distance: 12.5 miles. Interim completion points at 4 miles Leasowe Common and 8 miles Kings Gap, Hoylake

How to Enter

Using Online Registration - www.wirralcoastalwalk.org

Not using Online Registration

**** Please ensure you register to qualify for your certificate at the finish line.****

Who Benefits

Local and National Charities. You raise money for the good cause or charity of YOUR choice through sponsorship.

Car Parking

Parking is available, and the Council has agreed to suspend parking charges at Thurstaston for the whole day of the Walk.

Return Trip

Buses are available between 12:00 pm and 5:00 pm from Thurstaston to West Kirby Station (£1 donation) and Thurstaston to the Floral Pavilion, New Brighton (£3 donation).

Sunday 11th June 2023

Registration: from 8:30 to 10:30 at the Floral Pavilion

Start: Floral Pavilion, New Brighton

Finish: Wirral Country Park at Thurstaston

N.B. Toilet information was best estimate as at March 2022 - will review for 2023 Walk

Wirral Wombles



This is a group to try and get like minded people together to inspire and support to make the Wirral an even better place to be.

Let's all pledge to pick up a couple of pieces of litter when we're out and about.

Our main aim is to love where we live by removing litter from our own patches and also helping to improve various 'grot spots' on Wirral. All you need is a litter stick, some gloves and some bags.

We can easily be reached by searching for Wirral Wombles on Facebook.



TEDDY BEAR'S PICNIC AND TODDLER TODDLE

SUNDAY 28TH MAY

AT

WIRRAL COUNTRY PARK, THURSTASTON

11AM - 1PM

COME AND JOIN US FOR A WALK AROUND THE PARK AND THEN PLAY SOME GAMES AND BRING YOUR OWN PICNIC

DON'T FORGET TO BRING A BLANKET & PICNIC



PLACES ARE LIMITED SO PLEASE EMAIL FIONAHANIK@WIRRAL.GOV.UK TO BOOK

Burton & Neston History Society



- Wednesday 17th May, 6.30p.m.: The Neston Collieries.

A circular walk with well-known local author and historian Anthony Annakin-Smith. Learn about the extraordinary story of Neston's collieries – a tale of devastating sabotage, amazing underground canals and terrible tragedy as working men and children lost their lives. Approx. 2 ½ miles; 2 ½ hours. Max. 25 people. Booking: wirralwalks@btinternet.com

- Tuesday 30th May 2023, 6.00 p.m.: The Most Important Field in Neston.

A short walk with well-known local author and historian Anthony Annakin-Smith. Learn to 'read the landscape' and recognise how one field in Neston reflects hundreds of years of the area's history. Includes the Wirral Way – celebrating its 50th anniversary this year. Approx. ½ mile; 1 hour. Max. 25 people. Booking via www.ticketsource.co.uk/cwaclibraries or at Neston Library.

- Wednesday 31st May 2023, 6.30 p.m.: Parkgate – Port and Resort

A circular walk with well-known local author and historian Anthony Annakin-Smith. Learn about the rich history of the popular seaside village – once a major port and sea-bathing resort as well as a place of shipbuilding and other industries. Includes part of the Wirral Way – celebrating its 50th anniversary this year. Approx. 3 ½ miles; 2 ¾ hours. Max. 25 people.

Booking: wirral-walks@btinternet.com



Wirral Environmental Network

**Tuesday 16th May 10.30am-2.30pm
Parks and Green Spaces of Wallasey Part 1**

An interesting walk connecting parks and green spaces in the south of the town, including The Delph, the Breck and Central Park, stopping briefly at Wirral Environmental Network with an opportunity to hear about the Mersey Green Map and work of Wirral Environmental Network. Please bring drinks and a packed lunch.

The walk will be mostly on pavements but also on some grass paths and inclines.

Meet outside Wallasey Central Library, Earlston Road, CH45 5DX



What3Words: ///deeper.orders.animal

what3words

Distance 5.5 miles

Contact: alitherland@virginmedia.com 07910960316

**Friday 19th May 10.30am-2.30pm
Parks and Green Spaces of Wallasey
Part 2**

An interesting walk connecting parks and green spaces in the north of the town, including The Gorse Millennium Green, Harrison and Elleray Parks, stopping briefly at Vale Park. Please bring drinks and a packed lunch. There's also an opportunity to hear about the Mersey Green Map and work of Wirral Environmental Network. The walk will be mostly on pavements but also on some grass paths and inclines.

Meet outside Grove Road Station ticket office, Grove Road, CH45 8JX



What3Words: ///crunch.asks.snaps

what3words

Distance 5 miles

Contact Anne Litherland alitherland@virginmedia.com 07910960316





FREE GUIDED WALKS

EAST WALKS

Fairview Road, South Bank, Arno Road
20 May, 8 July, 9 September, 30 September

WEST WALKS

Village Road, St. Saviours, Wellington Road
22 April, 27 May, 22 July, 13 September

The East and West Walks start in the Village centre, by the post box
CH43 5SF

ARNO WALKS

Ingestre Road, Birch Road, Woodchurch Road
7 May, 10 June, 5 August, 17 September

The Arno Walk starts by the play area next to Sainsburys petrol station
CH42 8PQ

WILLIAMSON WALKS

Slatey Road, Devonshire Place, Alton Road
13 May, 24 June, 19 August, 16 September

WOMEN OF OXTON

Alfred Road, Christchurch Road, Village Road, Palm Hill, Slatey Road
8 March, 31 May, 10 September, 7 October

The Williamson and Women of Oxtun Walks start at the Williamson Art
Gallery & Museum, Slatey Road CH43 4UE

All walks start at 11am and last between 1.5 to 2 hours.
The walks are free. Donations welcome.

BOOK NOW

PLEASE NOTE that you must book a place in advance by email to
oxtonbooks@yahoo.co.uk or by telephone to 0773 455 8411.

We can also offer tailor-made walks for small groups or
organisations on any day of the week.

Walks provided by the Oxtun Society History Research Group
With thanks to Mary Bryning for artwork

Friends of Flaybrick

Reg Charity No 1107843

2023 Guided Walks at Flaybrick

Discover the
fascinating stories of
the past residents of
Birkenhead.

Meet at the Chapels 10.45.
Please wear appropriate
footwear and clothing.
Walks last approx 90 mins.

£2 per person.
All walks differ.

15 April
13 May
10 June
8 July
12 August
30 Sept

facebook
flaybrick.org